

Introduction:

This lesson will challenge you to think more deeply about scenarios that cause unintentional harm. You will first identify several situations you where have either experienced or caused unintentional harm. Then, you will place those scenarios on a Jamboard shared with several group members and reflect on how you felt and how you might have handled the situation differently.

Activity Instructions:

- 1. You will be divided into groups of 3-5 in breakout rooms.
- 2. Once in your breakout rooms, navigate to the <u>Unintentional Harm Jamboard</u> and find your group's frame (It will be the same number as your breakout room.).
- 3. You will see that there are two categories placed on the Jamboard: "Scenarios where you caused unintentional harm" and "Scenarios where you experienced unintentional harm from someone else." First, you should individually think of situations where you have either caused or experienced unintentional harm.
- 4. Then, you should use the sticky note function (the fourth icon down in the left-hand toolbar) to place your situation under the appropriate category. Ideally, each group member will come up with at least one situation for each category.
- 5. After all group members have finished placing their sticky notes, you should reflect on these scenarios using the following questions:
 - What does it feel like to be the target of unintentional harm?
 - How do you feel about the person who unintentionally caused the harm?
 - What does it feel like to be the person who caused the harm and can't easily make it right?
 - What roles does intent play in smoothing over damage done? Does it matter if you're the receiver or causer of the harm?
 - How might you have handled the situation differently if you could do it over?
- 6. When all participants are back in the main room, debrief the entire group using the following questions:
 - How difficult was it to identify your scenarios?
 - What are some strategies you could use in the future to prevent causing unintentional harm?

